

## **sObres Mestres - Pop-up Food Waste Restaurant**

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### **Abstract**

sObres Mestres is a food waste pop-up restaurant based in Barcelona, Spain. Since July 2017 we have rescued 1.717 kg of surplus fresh veggies and fruits from local farmers, wholesalers, supermarket and artisan bread from local bakers. sObres Mestres's global character is based in global recipes, inspired by world's precious gastronomy heritage, made by local products. We organize itinerant culinary events (memorable dining and workshop experiences) as well as we participate in artisan local markets. We recover veggies and fruits both from the fields (as they do not meet industry's standards) in collaboration with Espigoladors (Barcelona's gleaning initiative) and from bakeries, groceries, supermarkets and wholesalers (surplus at the end of the day). sObres Mestres is an initiative which aims to raise awareness on food loss and waste in a direct and amusing way. Our objective is introducing more people to fight food waste and reveal the quality and quality of nutritious meals can be done by surplus food. In addition, following the principles of zero waste, we avoid disposable products and use food as edible tableware.

**Keywords:** food waste, surplus, zero waste, reusable

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